What do The Highway Code changes mean for Bikeability cycle training?

You've been teaching children to cycle with confidence for years.

Our Bikeability delivery guide outlines how to teach cycling to millions of children.

The Highway Code now better reflects our National Standards. When you help children understand The Highway Code, you need to know these key changes.

1. Take care of each other



You already teach children how to share the road. Those who can cause most harm have the most responsibility to look after others.

Ask:

"Who do we particularly have to take care of, and why?"

2. Observe and prioritise



You already teach children to be aware of their surroundings at all times. The Highway Code now advises cyclists to give way to people waiting to cross at a junction.

Ask:

"Explain the priority system at a junction, what about pedestrians?"

3. Think about positioning



You already teach children to choose the most appropriate position in the road.

Primary position gives the rider control and increases visibility. The Highway Code now reflects this.

Ask:

"Describe the best road position for this junction and tell me why you think so"

4. Cycle with confidence



You already teach children to cycle with confidence. All road users have the same rights to use the space on the road.

If children or families feel more comfortable, they may wish to cycle two abreast.

Ask:

"Who do you need to be aware of when cycling alongside each other?"