**Key Bikeability Data**

Using data and statistics can help show the impact of Bikeability. We all know that our cycle training is fantastic for children, families and schools, but the data proves that what we do has a positive impact on the people we teach to cycle.

Here are some of the latest key statistics from Bikeability for you to use when speaking to the media or writing press releases.

**Funding**

* In 2023 the Bikeability Trust received a record £29 million from the Department for Transport to deliver cycle training.

**Delivery**

Since 2007, **over 5 million children** have taken part in Bikeability training.

A total of **560,471** children received Bikeability training in England (including London) between April 2023 and March 2024.

This is for all courses including Balance, Learn to Ride, Level 1, Level 2 and Level 3. It includes delivery by Bikeability instructors and Get Cycling in Schools teachers. 310,374 children received the Level 2 on-road cycle training course. [More information on the delivery statistics can be found here.](https://www.bikeability.org.uk/about/funding-and-delivery/)

Note that funding for London is from Transport for London but figures are included in the total.

**Innovation**

* **43 projects** received a share of the **£1.6 million Widening Participation Fund**, which is helping to remove the barriers to cycling.
* More than **2100 children** received Bikeability through our Innovation Fund projects, which were focused on children with special educational needs and disabilities.
* Nearly **19,000 children** have learnt to ride through out Get Cycling in Schools programme.

**Environmental impact**

If just one child swapped being driven for cycling to school, it would save **half a tonne of carbon**, and if every child who has ever taken part in Bikeability cycled to school for a year it would save **2.5 million tonnes of carbon** from car based school commutes. It would take **40 millions trees** to absorb that amount of carbon.

**Making the case for Bikeability**

* Only 14% of parents feel very confident to use the Highway Code to teach their children to cycle on the road. (YouGov)
* 74% of people recognise the importance of professional cycle training. (YouGov)
* 71% said that cycle training should be on the school curriculum, 59% wanted more cycle paths and cycle safe routes, and 30% called for drivers to have mandatory education on how to drive safely with cyclists on the road. (You Gov)
* Adolescents who participate in cycling more than four times per week are 48% less likely to be overweight as adults (Menschik et all, 2008) and habitual cycling is positively correlated to overall psychological wellbeing (Martin et al, 2014 in Cycling UK, 2017). Cycling to school and for leisure helps to meet the WHO targets for physical activity.
* 90% of children report an improvement in ability to judge risk after training. (NFER, 2015, SQW, 2019)
* Children who have cycled since the start of term after completing Bikeability and a 12% increase of Year 6 children who cycled in the past week (SQW, 2019). 310,374 children completed their Level 2 training in 2023-24, and we calculated the distance travelled during training to be an average of 17.15km which includes cycling to school and the distance we cover on the courses whilst teaching in their local area.

The [Bikeability Trust’s 2023 Impact Report can be viewed here.](https://www.bikeability.org.uk/wp-content/uploads/2024/07/Bikeability_Impact_report-FINAL.pdf)