Instructor observation debrief example questions

Questions to encourage self-reflection and evaluation:

* 1. What were your strengths and what did you feel pleased about during the session?
  2. Why was this?
  3. If you were to run the session again, what would you change or do differently? And why?

Questions to draw out any examples for good practice and areas for improvement:

* + I noticed that the riders signalled every time, should this happen?
  + You stayed at the same junction for the whole session, are there any other risk benefit assessed junctions you could have used?
  + How does moving the group to other junctions aid progression?
  + What was your aim when you used ‘cycling in pairs’?
  + How did the circuit you used in the playground emphasise the four core functions?
  + Could you have changed your circuit in any way to further emphasise the four core functions?
  + What opportunities did you create to ensure that each rider has targeted feedback?
  + How could you incorporate further opportunities for targeted feedback?
  + Which parts of your session encouraged active learning?
  + What adaptations could you plan into your session to ensure greater levels of active learning?