Site-specific Risk Benefit Assessment templates

Training providers and instructors can develop their own site-specific risk benefit assessment forms for training, or use the Bikeability Trust templates provided below.

**Off-road site-specific risk benefit assessment:**

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| **Pre-course checklist and off-road site-specific risk benefit assessment:**  |
| **Venue:**   |   | **Contact details:**  |   |
| **Instructor(s):**  |   | **Date(s) of training:**  |   |
| **Instructor contact details:**  |   | **Weather forecast:**  |   |
|   |
| **Pre-course checklist:**  |
| **Is the training area secure?**  | **YES / NO**  |
| **If not secure, please provide details:**     |
| **Location of toilets/water/office/First Aid room (if present) checked?**  | **YES / NO**  |
| **Consent forms seen and checked?**  | **YES / NO**  |
| **If consent forms not seen and checked, please provide details:**      |
| **Verbal handover received (if necessary)?**  | **YES / NO / N/A**  |
| **Cycles checked?**  | **YES / NO**  |
| **Helmets checked (if present)?**  | **YES / NO / N/A**  |
| **If cycles/equipment are not suitable, please provide details and action taken:**      |
| **If any other action taken (e.g. additional staffing, space/playground furniture considerations, weather, clothing, sunscreen, food/hydration), please provide details:**       |
| **Site-specific risk benefit assessment:**  |
| **Risk benefit statement:** Cycle training needs to be rider-led and realistic. Riders will encounter a range of hazards and risks when cycling. Exposure to these during training can benefit riders through providing them with real life experience in identifying and responding to hazards. This will help riders develop their cycling and progress towards the overall outcome of being able to ride competently and confidently in diverse environments. However, risks during training activities should be manageable, and training activities should only go ahead once necessary risk mitigation measures are in place.  |
| **Route to training site (if applicable):**   |
| **Training site information (description/photo/sketch/map):**         |
| **Hazards (list using bullet-points)**  | **Mitigation measures (list using bullet-points and consider the benefits)**  |
|            |  |
| **Reviewed on:**  |

**On-road site-specific risk benefit assessment:**

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| **On-road site-specific risk benefit assessment**  |
| **Risk benefit statement:** Cycle training needs to be rider-led and realistic. Riders will encounter a range of hazards and risks when cycling. Exposure to these during training can benefit riders through providing them with real life experience in identifying and responding to hazards. This will help riders develop their cycling and progress towards the overall outcome of being able to ride competently and confidently in diverse environments. However, risks during training activities should be manageable, and training activities should only go ahead once necessary risk mitigation measures are in place.  |
| **Venue:**   |   | **Contact details:**  |   |
| **Instructor(s):**   |   | **Date(s) of training:**  |   |
| **Instructor contact details:**  |   | **Weather forecast:**  |   |
| **Description of training area and plans for the route (include potential progression sites):**         |
| **Hazards** **and location** | **Mitigation measures (consider the benefit)**  |
|  |    |
| **Map of training area with highlighted areas for training:**                          **Alternatives to a map view could include a comprehensive list of roads which make up the training area, or a photographic record of the locations and areas to be used.**  |
| **Reviewed on:**  |