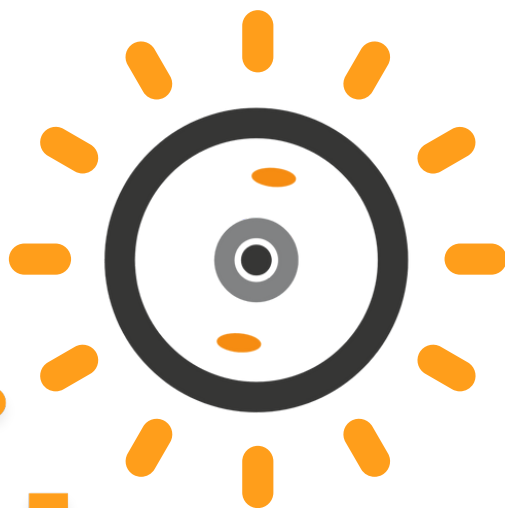




FROG
★ bikes ★



Summer of Cycling

CHALLENGE

Explore nature & wildlife whilst out cycling

☐

Complete a ride with one or more family members

☐

Clean up a park or trail whilst out cycling

☐

Cycle to a local landmark

☐

Ride to a community event

☐

Clean your cycle

☐

Perform an M-check on your cycle

☐

Explore a National cycle route

☐

Make a pledge for Cycle to School Week

☐

Practice signalling on your cycle

☐

Ride through some puddles

☐

Cycle around a pump track

☐

Ready to submit your entries?
Scan/click here!

